

Have You Realized New Year's Resolutions Don't Work For You?

Are You Frustrated By All the Mental Clutter in Your Head?

Do You Have So Many Ideas, Hopes and Dreams
You Can't Remember Them All?



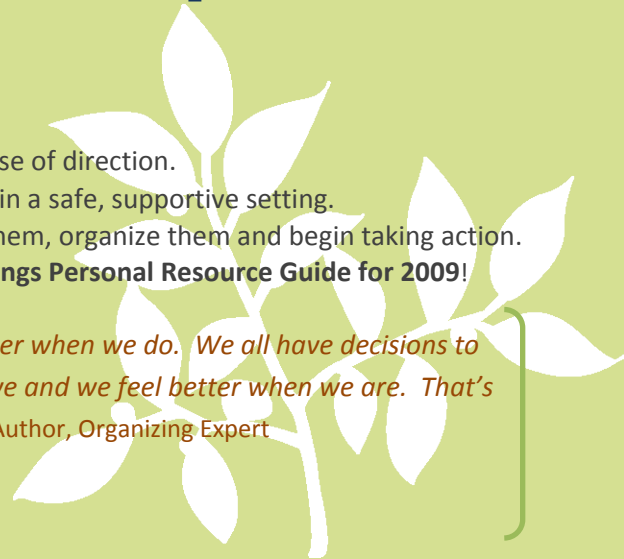
Introducing:

The Fresh Beginnings Workshop

In this workshop you will:

- Turn resolutions into intentions.
- Get a new perspective on your current "life areas" and develop a clear sense of direction.
- Take time free of distractions to recharge and gather strength with others in a safe, supportive setting.
- Systematically capture things that are floating around in your mind, land them, organize them and begin taking action.
- Rekindle your creative spark and give birth to your very own **Fresh Beginnings Personal Resource Guide for 2009!**

"We all have stuff in our heads that we need to get out and we all feel better when we do. We all have decisions to make and we all feel better when we do. We all need to be more productive and we feel better when we are. That's true for chief executives and it's true for 11 year old kids." --David Allen, Author, Organizing Expert



LIFE AREAS

CAREER COMMUNITY

DREAMS EXERCISE FINANCES

FRIENDSHIP HOBBIES HOME

LEARNING SELF-CARE SPIRITUALITY

TRAVEL AND MORE!

"Fresh Beginnings Workshop helped me determine what is important to me and what isn't. Fresh Beginnings Personal Resource Guide is a constant, steady positive example that I refer to often in my quest to live with intention. It makes me feel good about myself and my life!"

Fresh Beginnings Workshop Transform Mental Clutter into Clear Intention

Invite the creative, inspired parts out to play!

CALL for new dates: 562-716-0144

EMAIL: cr8vorganizers@roadrunner.com

Want to a host a *Fresh Beginnings* workshop?
Have the workshop in YOUR home with YOUR friends and your registration is free! Call Karen for more details.

Karen Embree, a professional organizer for over 6 years, supports individuals in organizing their homes, offices and lives. As an organizing consultant, she loves to put things in what the professional organizing industry calls "homes." She found this works for *ideas* as well as physical clutter and developed the **Fresh Beginnings Workshop and Resource Guide** modeled after a process she created for herself. Karen, a mother of two, knows what it takes to accomplish challenging goals. She has run 24 marathons, has published several articles in her local newspaper and is learning the ukulele! She earned a Masters degree in Spiritual Psychology from the University of Santa Monica. She is presently working on her first book titled *Traveling Solo with Wise Eyes*.